

# Moo Son Tang Soo Do



## 2<sup>nd</sup> Gup Study Guide

### General Knowledge

What were the names of the three kingdoms in ancient Korea?	Silla, Koguryo, Paekche
What dynasty united the three kingdoms of ancient Korea?	Silla
What was the name of the group of warriors who helped unify the Korean Peninsula as the new Silla Dynasty?	Hwa Rang Dan
What was the title of the first complete martial arts book?	Mooyae Dobo Tongji
What is the capital of South Korea?	Seoul
What year did Grandmaster Shin come to the United States?	1968
How many charter member countries were represented at the World Tang Soo Do Assoc. Charter Convention in 1982?	12
What does Red Belt represent?	Blood, life, energy, attention and control
When was the World Tang Soo Do Association formed?	November 13, 1982
All gup students should help take down the flags and put equipment away after class.	

### Hyungs (Forms)

What year were the Pyung Ahn forms created?	1870
What form do you need to know to test for 2nd Gup?	Pyung Ahn Oh Dan
What does "Pyung Ahn" mean?	Well balanced, calm and confident

### Techniques & Terminology

How many one-step techniques do you need to achieve 2nd gup?	1-20
What does "Yuk Soo" mean?	Knife hand defense, reverse punch in front stance
What does "Dee" mean?	Belt
What does "Shio" mean?	Relax
What does "Shi Jak" mean?	Begin
What does "Dan Jun" mean?	Lower abdomen
What does "Moo Roope" mean?	Knee
What does "Hyup Hoi Ki" mean?	W.T.S.D.A. flag
What does "Pahl Put Ki" mean?	Punch exercise in horse riding stance

### Fourteen Attitude Requirements

See Gup Manual

### W.T.S.D.A. Flag

See Gup Manual