

# Moo Son Tang Soo Do



## 4th Gup Study Guide

### General Knowledge

What dynasty united the three kingdoms of ancient Korea in 668?	Silla
What was the title of the first complete martial arts book?	Mooyae Dobo Tongji
What year was Grandmaster Shin born?	1936
When was Jae C. Shin proclaimed Grandmaster of the World Tang Soo Do Association?	November 13, 1982
What does Brown Belt represent?	Power, stability, agility, weight, and wisdom

### Hyungs (Forms)

What form do you need to know to test for 4th Gup?	Pyung Ahn Sam Dan
What does Pyung Ahn mean?	Calm & peace of mind
How many moves are there in Pyung Ahn Sam Dan?	25

### Techniques & Terminology

What does “Do” mean?	Way of life or art
What does “Do Bohk” mean?	Uniform
What does “Sah Bum Nim” mean?	Instructor
What does “Chun Kul Ja Seh” mean?	Front stance
What does “Ahneso Phaku Ro Cha Ki” mean?	Inside to outside crescent kick
What does “Muk Yum” mean?	Meditation
What does “Hu Kul Ja Seh” mean?	Fighter stance
What does “Phakeso Ahnu Ro Mahk Ki” mean?	Outside to inside block
What does “Shio” mean?	Relax or rest

### Tenets of Tang Soo Do

See Gup Manual

### Fourteen Attitude Requirements

See Gup Manual

### Korean Flag

See Gup Manual